

## Lube of Life: A Tribute to Sex, Love and Happiness in the Boomer Age

Mindy Mitchell, Edward Land



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**Lube of Life: A Tribute to Sex, Love and Happiness in the Boomer Age** Mindy Mitchell, Edward Land Lube of Life is the emotional, physical, and spiritual juice that fills our hearts with excitement, surprise, and possibility. From a chance online encounter, Mindy and Edward tease and tiptoe their way through e-mails and chat rooms, discovering that the difference between dating in the 1960s and being sixty, is little more than expanded insight and the color of one's hair. Facing challenges and risking insecurities, they decide to meet in the middle, to create new possibilities as they share laughter, passion, and their tender selves. With a dose of daring and the belief that age is just a number, this hope-filled, humorous, and poignant tale of searching for new love in mid-life opens the door to the adventure of discovering your true passion through the heart of another.

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