



# Love And Grief: The Dilemma of Facing Love After Death

*Catherine O'Neill*

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A welcome read for the lay person who has been bereaved and is now experiencing the difficulties of loving again' - British Journal of Social Work 'For someone who is wrestling with the dilemmas of a new relationship, this is a comforting read which presents the candid accounts of other bereaved partners' - British Journal of Social Work 'Love and Grief recognises both the emotional magnitude of losing an intimate relationship and the difficulties encountered when attempting to re-establish one with another individual. In keeping with the author's intention to produce a book of direct relevance to the bereaved partner, throughout, they adopt an easy-to-read, conversational style' - British Journal of Social Work 'Life consists of a series of events. Some appear to be pre-ordained and some are unpredictable . . . A curiously simple, yet complex twist of fate . . . prompted [the authors] to seek out some of the most fundamental human questions; questions about the meaning of existence and its ultimate demise, about the nature of love, in all its presentations and disguises . . . and ultimately, what can be gained (if anything) through "loss" In . . . Love and Grief, [the authors] boldly step into a labyrinth of spiritual and emotional paradoxes, guiding us alongside [some] intensely personal journeys' - Annie Lennox, Solo singer songwriter 'What is it like when a partner dies? How can you cope after such a bereavement? Love and Grief is a book that is long overdue-it tackles the topic with compassion and insight and will be helpful both to bereaved partners and those who support them' - Susan Quilliam, Relationship Psychologist and Agony Aunt 'An honest and compassionate guide to the complex issues surrounding love after loss. It includes courageous personal accounts which offer insight into the often taboo subject of forming new intimate relationships following bereavement, and will be of great comfort' -

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