

Singing - Body and Soul: A Medley of Fresh Ideas about Musical Theater

Barbara J. Simon

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Singing - Body and Soul: A Medley of Fresh Ideas about Musical Theater Barbara J. Simon Singing - Body and Soul is for the young singer, to help you discover how your voice, body and mind work together. There are great books about the links between science and music - but most are written for adults with strong music backgrounds, and college degrees. Young singers need a streamlined version so your voice can express your inner life - right now! The voice has the most exciting sound when a singer is between 20 to 25 years old. That's when "desire" starts to ride on the sound, and helps you stand out at an audition. By then, you already need years of singing experience - to make the most of your opportunities. That means learning about your voice early - at 14 years old or younger. Singing - Body and Soul offers new guidance for developing your singing. It includes artistic and scientific descriptions, and uses song lyrics to illustrate states of mind. Musical Theater plots, characters, and songs fill the book, so the text is more storytelling than classroom lecture. With quotes and references from Charlie Brown, Albert Einstein, and Dr. Seuss, Singing - Body and Soul can help you understand your voice in new ways, and make the world hear what you have to say.



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