



Your First Atlantic Crossing: A Planning Guide for Passagemakers

Les Weatheritt

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Answering all of the important questions, this book shows not just how to sail an ocean for the first time, but also how to enjoy it. There are insights into the social as well as nautical reality of preparing the boat, the comfort of having highly detailed plans, the inside story of life with a crew, coping with unexpected gales and calms, the live-or-die decision to keep watches or not and the ports of call from Spain to Tobago via the Atlantic islands and West Africa.

This fourth edition has been substantially expanded, with extra information on:

- Types of boat, anchoring, sleep and watch keeping
- Weather and climate, and the impact of Atlantic weather systems on timings and conditions of crossings
- Latest developments in technology (navigation, self steering, equipment)
- Alternatives to the standard routes across
- Sailing back from the US to the UK-this edition will get you home!

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