

### Natural Life Box Set (6 in 1): Money Saving Tips, Recipes and Projects for you Home, Beauty and Health (DIY Beauty Products & Natural Remedies)

Abby Chester, Tiffany Brook, Carrie Bishop, Marisa Lee

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#### **Natural Life Box Set (6 in 1)**

Book One: Living a Natural Life: 40 Easy, DIY Recipes to Detoxify Your Home and Beauty Routine

#### **Inside You Will Learn:**

- What's in the Products You Use
- What Those Chemicals Do
- How to Use Ingredients that are Good for You
- How to Clean Your Home with the Right Stuff
- How to Improve Your Skin and Your Wallet at the Same Time
- How to Make the Products You Love for a Fraction of a Cost
- And Much More

**Book Two: Benefits of Coconut Oil: Essential Tips and DIY Recipes** for Your Health, Looks and Weight Loss

#### **Inside You Will Learn:**

- What Coconut Oil Is
- A Little Bit Of History
- How To Use Coconut Oil For Your Health
- How Coconut Oil Can Help Your Beauty Routine

- Coconut Oil Dinners
- Coconut Oil Desserts
- And Much More!

## **Book Three: DIY Deodorants: Natural, Homemade Recipes for Deodorants and Perfumes for Men and Women**

#### In this book, you'll find:

- Traditional Baking Soda Deodorants
- Baking Soda Free Deodorants
- Deodorants for Men
- Homemade Perfumes
- · And much more!

Deodorant can be perfected to smell however you'd like, or not smell at all! Just omit the essential oils in these recipes and you'll have an unscented deodorant that you'll enjoy for weeks to come.

## Book Four: Secrets of Hydrogen Peroxide: Learn the Natural Health, Household and Beauty Benefits of Hydrogen Peroxide

Do you know all the different ways that you can use hydrogen peroxide? Chances are that you don't because there are just so many of them. But with this book we're going to help you understand some of the best methods that you can use. With how expensive things are getting after all it's important to have more than one use for anything in your cupboard. So how do you do it? There are actually a number of different ways. We've spent some time doing the research for you, so you don't have to.

#### **Inside You Will Learn:**

- How to Clean With Hydrogen Peroxide
- How to Improve Your Beauty Routine
- How to Get Healthier
- And Much More

**Book Five: Natural Remedies: Homemade Organic Remedies for** 

#### Your Health and Appearance to Prevent and Heal Sickness

Before you begin this book you should be prepared to look and feel better thanks to nature. You can put an end to over the counter medications that have chemicals you have never heard of. By the end of the book you will be wanting to know what other wonderful natural ways there are to stay healthy.

#### In this book you will learn:

- A brief history of the concept of natural remedies.
- Natural remedies for common illnesses.
- Natural remedies for ailments that affect your appearance.
- Much, much more.

## **Book Six: Homemade Candles: DIY Guide to Making Beautiful, Luxurious and Natural Candles at Home**

#### **Inside You Will Learn:**

- The differences between using beeswax and paraffin for hand dipped candle making
- How to prepare containers for container candles
- How to prepare and use a double broiler set up
- The technique behind producing beautiful and natural soy candles
- The importance of taking the proper safety precautions when working with wax
- How to create the classic pillar candle as well as a stacked pillar candle
- And so much more!

If you have ever been interested in candle making, this is the book for you. It is both informative and easy-to-follow, with clear instructions and recipes.



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