



# Professional Cooking, Study Guide

*Wayne Gisslen*

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## **Professional Cooking, Study Guide** Wayne Gisslen

Key features of this new Sixth Edition include:

- \* Over 100 new, fully tested recipes
- \* A brand new chapter on vegetarian cuisine, featuring different types of vegetarian diets
- \* Expanded and updated information, such as a con-temporary look at presenting and garnishing food and a detailed history of modern food service
- \* Nearly 1,200 illustrations-including over 100 new photographs-highlight ingredients, step-by-step techniques, and plated dishes in splendid visual detail
- \* Completely revised, updated, and expanded vegetable chapters feature additional product identification and cooking techniques, as well as new recipes
- \* Revised and expanded Nutrition chapter features the new USDA nutritional guidelines
- \* Stunning new design-helpful sidebars and dedicated chapters on menus, recipes, and cost management; cooking with legumes, grains, and pastas; breakfast preparation; dairy; and beverages
- \* New culinaryE-Companion recipe management software features user-friendly navigation and robust content

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