



# Soul Virgins: Redefining Single Sexuality

*Doug Rosenau, Michael Todd Wilson*

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Sex and sexuality are hot topics these days. But many single adults are tired of the "how far is too far?" approach because it doesn't go far enough. Why does the discussion stop at the physical? What about the deeper spiritual and relational aspects of sexuality? Pioneering Christian sex therapists Doug Rosenau and Michael Todd Wilson team up in this helpful and hopeful book about understanding sexuality and intimacy beyond what our "do it if it feels good" culture says it is. Providing a much-needed spiritual perspective to the sexuality debate, the authors tackle difficult topics from a biblical foundation to help single adults establish practical models for maintaining purity and creating a healthy sexuality. With real-life personal stories, *Soul Virgins* helps singles accept their sexuality as a godly discipline. Rosenau and Wilson provide a 3-D discussion of body, soul, and spirit that proves sexuality is ultimately more about relational intimacy than just the physical act of sex. Originally published in Paperback by Baker Books.

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