



First Book of Japanese Cooking: Good Food for the Home and Family

Masako Yamaoka

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Japanese cuisine, like any cooking, may be difficult or easy. At times, its very simplicity can be daunting; this, combined with unfamiliar ingredients, has discouraged many cooks from attempting to make Japanese dishes part of their daily fare. Author Masako Yamaoka believes that the Western cook has been ready for a long time to enjoy Japanese food at home but lacks only easily obtainable ingredients and easy-to-follow recipes.

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