



Practical Clinical Supervision for Counselors: An Experiential Guide

Lisa Aasheim PhD NCC ACS

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As the field of counseling continues to experience major growth, the need for clinical supervisors is growing proportionally. This stand-alone text for graduate and post-Masters level supervision courses contains all of the information clinical supervisors will need to practice effectively in community mental health and private practice settings. It aligns with current supervision standards issued by the Association for Counselor Education and Supervision, and with the recommendations of the American Association for State Counseling Boards.

The book integrates theoretical and practical information while addressing all stages of the supervision process, from initial conceptualization and preparation to direct application and advanced skill utilization. Special attention is paid to ethical and legal issues, professional development, multicultural competence, evaluation, supervisory alliance, parallel process, and advanced supervision strategies. The text presents helpful tools for effective problem solving, including the supervisor self-concept exercise that guides the student in solidifying his or her identity as a supervisor. It will be useful for all levels of experience from novice to advanced supervisors.

Key Features:

- Aligns with current national and state-specific supervision standards
- Engages readers in multiple exercises that readily facilitate application of concepts and theories
- Provides solutions to common and emerging supervision dilemmas
- Addresses such underrepresented supervision components as group supervision and dilemmas specific to private practice or agencies

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