



# Good Food in Mexico City: Food Stalls, Fondas and Fine Dining

*Nicholas Gilman*

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## **Good Food in Mexico City: Food Stalls, Fondas and Fine Dining** Nicholas Gilman

This is a little book with a big purpose: to put Mexico City on the map as one of the great food capitals of the world. Written by a resident gastronome who knows the city inside and out, this guide takes the reader to out-of-the-way market stalls, taco joints, as well as fashionable high-end dining spots. Included are chapters on bars and cantinas, cafés, food shopping and short essays on various aspects of Mexican cuisine and its history. Clear maps of the city, as well as an extensive glossary of ingredients, dishes, and cooking terms, make this an easy-to-use guide to great food in a grand city. "Nick Gilman's book is a treasure, an insider's guide through the super-cool, super tasty side of Mexico City. Don't miss the section on street stalls and markets - you'll have some of the best food of your life, from the wacky Chupacabras taco stand wedged under a highway, to the truly hip Contramar in fashionable Condesa. There's no guidebook like this" - Rick Bayless, author of Authentic Mexican host of PBS' Mexico: One Plate at a Time Finally! The book I have been hunting for: a foodie's guide to the culinary wonders of one of the largest, most culturally diverse cities in the world" - Ceci Connolly, The Washington Post "If you can't have the knowledgeable Mr. Gilman as your personal guide, this book is the next best thing" - Meredith Brody, food journalist "Nicholas Gilman's recent release . . . is a must" - The San Francisco Examiner

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