



Creative Group Therapy for Women Survivors of Child Sexual Abuse (Arts Therapies)

Bonnie Meekums

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Meekum presents creative groupwork strategies and techniques for professionals working with women who have experienced child sexual abuse. The practical strategies have been developed from an understanding of the complex process of recovery, and are informed by the voices of women who have been abused in childhood themselves. This book is divided into two parts: the first looking at theoretical issues exploring the nature of abuse and patterns of recovery, and including a consideration of the debate about "false memory syndrome". The second part of the book presents practical group strategies, detailing a full sequence of creative exercises for the sessions. The author outlines how to set up the group, how to establish the group and how to manage group endings. The title is aimed at students and professionals seeking to understand and support women through the difficult process of recovery.

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