



The Zen of Midlife Mothering: Essays from MotheringInTheMiddle.com

Cyma Shapiro

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Share the triumphs, tragedies, losses and love of Midlife Mothers - women choosing motherhood over age 40 for the first, repeat or last time. The Zen of Midlife Mothering celebrates the heartbreak and glory of new midlife mothers, and of those standing firmly in place as mothers now in mid-life. In this increasingly popular trend of new older parenting, these women do not share a collective consciousness like many of their younger counterparts, but rather a rainbow of disparate and diverse voices representing a vast array of ages, life circumstances and personal perspectives. This book features the depth, breadth and beauty of well-known and established midlife mother-writers, up-and-coming writers, and those just finding their voice(s). We include a handful of fathers as a nod to this increasingly popular trend of "Mr. Moms," and those choosing fatherhood at an age previously enjoyed during retirement. In the end, the perseverance, conviction, willpower, guidance, determination and a breaking down of all obstacles - financial, spiritual, emotional, physical and psychological - just to become mothers, prevails - all in the name of motherhood, family and love.

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Martin Hobson:

People live in this new morning of lifestyle always make an effort to and must have the spare time or they will get lot of stress from both everyday life and work. So , if we ask do people have free time, we will say absolutely without a doubt. People is human not really a huge robot. Then we inquire again, what kind of activity do you possess when the spare time coming to an individual of course your answer will certainly unlimited right. Then do you ever try this one, reading publications. It can be your alternative within spending your spare time, the book you have read will be The Zen of Midlife Mothering: Essays from Motheringinthemiddle.com.

Barbara Robbins:

Playing with family in a park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, after that why you don't try point that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love The Zen of Midlife Mothering: Essays from Motheringinthemiddle.com, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout folks. What? Still don't obtain it, oh come on its known as reading friends.

Carmen Helton:

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