



The Juice Detox Diet 3-Book Collection

Jason Vale

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All you need to lose weight, slim down and get healthy after the Christmas party season, and beyond, from million-copy bestselling author and king of juicing Jason Vale.

Step 1: Kick-start your detox with Jason's bestselling title, *7lbs in 7 Days* – a week-long super juice cleanse.

Step 2: Follow up with its perfect partner, *Turbo-Charge Your Life in 14 Days*, a two-week diet plan with meals delicious recipes included, to maintain your weight loss, change the way you eat, and keep your body lean, permanently.

Step 3: Supplement your new lifestyle change with *Juice Master Keeping it Simple*, your ultimate collection of 100 delicious juices and smoothies to inspire you on your journey to health, energy and permanent weight loss.

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