



Puerto Rico True Flavors

Chef Wilo Benet

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Authentic Puerto Rican food recipes, updated for the 21st century home cook by San Juan's award-winning chef, restaurateur, television personality and author Wilo Benet. Chef Benet provides traditional recipes for everything from Alcapurrias (Stuffed Yautia Fritters) and Arañitas (Plantain Spiders) to Piñon (Ripe Plantain and Beef Lasagna) and Pernil (Roast Pork Buttl.) The 'bible' of Puerto Rican cooking, with a pictorial 'how-to' section, ingredient glossary and more. Spanish edition also available (Puerto Rico Sabor Criollo)... see separate listing.

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