



The Essentials of Real Love Workbook

Greg Baer

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This is the companion workbook to the Essentials of Real Love DVD or CD. In the workbook Greg teaches additional principles of Real Love, but more importantly he provides questions, examples and exercises that will change your life. This is where you learn the practical application of Real Love. You will learn the secret of finding and giving Real Love, how to speak the language of Telling the Truth, how to eliminate anger and fear from your life, how to discover the joy you've always wanted, and new principles about how to better love others. With Real Love, nothing else matters; without it, nothing else is enough.



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