



Heal Your Concussion: How to Quickly and Effectively Get Back in the Game

Dr Joanny M.Y. Liu

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Concussions Are Temporary!

Most medical doctors believe concussions aren't treatable. They see managing them as difficult. Even neurologists who treat top athletes believe this.

If this is what you've been told, I've got great news for you! None of it is true.

Imagine a different future: No more depression. No more suicidal thoughts. Instead, you've got ambition. You've got drive. You've got energy! You've got a way to get back in the game—and that means your athletic career as well as everyday life. All because you were given a formula that I call FLOW™. In my practice, FLOW™ is how patients quickly heal from concussion and post-concussion syndrome . . . and get back into the game.

Praise for Heal Your Concussion:

“At last! Save your brain and potentially, your life. For those who are skeptical about just rest as a treatment for concussion, this is an innovative approach to a very vexing problem and a paradigm shift for healing concussions. Dr. Joanny shows you how to eliminate all that pain and suffering with practical steps by using a whole brain approach to create positive thinking. This book is a must-read for any athlete who continues to suffer from the aftermath of concussion.”

Dr. Carri Drzyzga, The Functional Medicine Doc, author of *Reclaim Your Energy and Feel Normal Again!*

"Dr Joanny's straightforward and easy to digest style takes this complicated, and somewhat misunderstood, subject matter and turns it on its head. She provides direct, clear and implementable solutions and has created a refreshing point of view on how to fix yourself when you have sustained a concussion. I would highly recommend that if you or someone you know has sustained a concussion, you get several copies of the book. One for the person who has sustained the injury, and one for each of those people around them who haven't understood what is happening. Just go and get it right now! You won't be disappointed."

Samuel M. Gaylord, Esq., The Law Practice Doctor, Gaylord & Pop, Managing Partner, Attorneys at Law for the People

Concussions Are Temporary! Don't wait. Get this book and start healing your concussion NOW!

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From reader reviews:

Joanne Hall:

Nowadays reading books be than want or need but also be a life style. This reading practice give you lot of advantages. Associate programs you got of course the knowledge the particular information inside the book this improve your knowledge and information. The details you get based on what kind of reserve you read, if you want have more knowledge just go with knowledge books but if you want really feel happy read one using theme for entertaining including comic or novel. The particular Heal Your Concussion: How to Quickly and Effectively Get Back in the Game is kind of book which is giving the reader unstable experience.

Tiara Garcia:

Information is provisions for individuals to get better life, information presently can get by anyone on everywhere. The information can be a information or any news even restricted. What people must be consider whenever those information which is inside the former life are hard to be find than now could be taking seriously which one works to believe or which one the resource are convinced. If you have the unstable resource then you buy it as your main information you will see huge disadvantage for you. All those possibilities will not happen inside you if you take Heal Your Concussion: How to Quickly and Effectively Get Back in the Game as the daily resource information.

Mary Hanlon:

Spent a free time for you to be fun activity to try and do! A lot of people spent their leisure time with their family, or all their friends. Usually they undertaking activity like watching television, planning to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could be reading a book might be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the book untitled Heal Your Concussion: How to Quickly and Effectively Get Back in the Game can be very good book to read. May be it could be best activity to you.

Rebecca Dryden:

People live in this new day of lifestyle always make an effort to and must have the time or they will get lots of stress from both day to day life and work. So , if we ask do people have free time, we will say absolutely without a doubt. People is human not really a huge robot. Then we ask again, what kind of activity have you got when the spare time coming to an individual of course your answer may unlimited right. Then do you ever try this one, reading books. It can be your alternative inside spending your spare time, the book you have read will be Heal Your Concussion: How to Quickly and Effectively Get Back in the Game.

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