



La Esencia del Silencio: Tu Ser...más allá del ruido del ego (Spanish Edition)

David Diaz Rodriguez

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La esencia del silencio fluye espiritualmente hacia una dimensión donde el pensamiento se convierte en ruido y el ego desaparece al ser revelado en su naturaleza desnuda. La lectura te lleva intuitivamente a ese lugar que a veces se olvida pero en el que se encuentra la clave de lo que somos: el mundo interno. No hay otro espacio más relevante, y este libro le hace honor a ese reconocimiento.

En esta obra encuentras como factor constante una visión transformadora: quién eres yace más allá de la mente, los roles, los pensamientos y las definiciones. Su mensaje central enfatiza que tu verdadera naturaleza y el sentido más profundo del ser se realizan cuando el espacio interior experimenta el silencio. Con este silencio comienza un viaje hacia el reconocimiento de que el ego es la raíz de toda la miseria y que la mente, engañada por sus propias quimeras, busca la felicidad donde no existe

En el libro son observables los principios inspiradores del Zen, además de otras influencias espirituales, que se convierten en matices o voces de una conciencia unitaria y conciliadora. A veces sientes que de la lectura surge la sensación de que estás en la presencia de algo mágico y trascendental, y esa parece ser la intención del autor y su inspiración, quien plasma su mensaje con una simplicidad que no despoja al libro de su profundo significado.

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