



Antipasti: Delicious Italian First Courses

Clare Ferguson

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Antipasti-which means "before the meal"--are those highly flavoured, delicious little appetizers that open the Italian meal and stimulate the appetite for the dishes to follow. Hot, warm, or cold, antipasti can also be served as the entree for a light lunch-with bread, salad, and a glass of wine. Wonderful! We're all familiar with traditional plates of sliced salami, but in this delightful little book Clare Ferguson has collected exciting antipasti recipes from all over Italy. Included are: Cook Dishes for Hot Days, Bruschetta and Salads, Hot Vegetable Dishes & Hot Seafood Dishes. Packed with flavour and deliciously healthy, antipasti are great as an appetizer, as a snack, or served with other dishes.

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