



# Medical Nutrition & Disease: A Case-Based Approach (MEDICAL NUTRITION AND DISEASE)

*Lisa Hark, Gail Morrison*

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Using a practical, integrated approach, "Medical Nutrition & Disease: A Case-Based Approach, Third Edition", offers a complete perspective on the increasingly important role nutrition plays in every day medical practice. Key topics include: fundamentals of nutrition assessment; vitamins, minerals and phytochemicals; herbal medicine; nutrition in pregnancy, pediatrics and geriatrics; nutritional management and the pathophysiology of diseases; and, enteral and parenteral nutrition support. This updated edition also features new case studies and sections on metabolic syndrome, prevention of neural tube defects, insulin resistance in an overweight child, iron deficiency anemia, and drug-herb interactions. This edition has been updated to reflect the most current practice guidelines. Co-written by a multidisciplinary group of physicians and registered dietitians, each chapter includes cases that present relevant medical and nutritional implications of various clinical scenarios. Readers will learn how to diagnose and manage nutritional problems and answer their patients' most frequently asked questions. More information, including powerpoint slides to accompany the 3rd edition, can be found at the website. "Medical Nutrition & Disease: A Case-Based Approach, Third Edition", can be incorporated into several basic science and clinical courses, used for a required or elective nutrition course or recommended as a self-instructional text. This new edition has been updated by nationally recognized nutritionists and physicians who teach nutrition in medical schools and residency programs. It includes: chapter objectives that identify important concepts and apply them to clinical practice; 20 clinical cases that simulate actual patient work-ups to reinforce the material and provide a practical approach to patient care; and, 195 multiple choice review questions that allow readers to test their knowledge and prepare for course, licensing, and certifying exams. Successful completion of the review questions qualifies for 35 American Dietetic Association continuing professional education credits.

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