



Impact! Coaching Successful Youth Football: Volume One: The Program

Derek Wade

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Most youth coaches are former players and fans. There's a huge difference, as you're about to discover, between playing football, watching football, and coaching football. As a coach, there are things you need to know, and things you need to do, long before you ever step on the field. By reading this book, you'll learn...
...The history of football from the Roman harpastum to the modern day H-back. ...The best three and worst three written materials available for coaching this sport. ...The best four video picks for general football coaching. ...How to organize your time and break down film efficiently, starting with getting game film you can use. ...How to deal with parents and keep them out of your hair and off your practice field while still keeping their support and respect. ...How to select and prepare a staff to help you. Who to pick, why to avoid certain people, and how to organize them into an effective coaching team. ...How to prepare for practice - putting together skill sets and getting your assistant coaches to teach them. ...How to divide your program into manageable chunks that follow a logical teaching progression for your players. ...What equipment to seek out to help you stay efficient on the practice field.

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