

Veggetti: Spiralizer Recipes ForPaleo, Low Carb and Weight Loss Diets

Ashley Peters

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Discover These Amazingly Quick, Easy & Healthy Veggetti Recipes! If you find yourself curious about the Veggetti and where to start concocting your spiral-inspired dishes, look no further than the 50 recipes that you are about to discover. Throughout this book, you will have the chance to look at and try your hand at some amazing dishes, where various ingredients can be used to make a healthier pasta or a colorful garnish to a dish. The possibilities are truly endless, as you will see in this book. Not only will you provide yourself with healthier lunch and dinner options, you will also increase your vegetable consumption, which we all know is never a bad change to make in your life! Check out the amazing recipes below! * Veggetti Zucchini 'Noodles' *Veggetti No Cook Chili *Veggetti Recipe Potato Salad *Veggetti Curly Cucumber Salad *Veggetti Zucchini Sauce *Veggetti Zucchini Summertime Pineapple Salad *MUCH MUCH MORE! Eat well and Stress Free with Veggetti: Spiralizer Recipes For Paleo, Low Carb and Weight Loss Diets!



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